Studio name _____

Float tank consent

This takes about two minutes. Your answers stay with the salon.

About you

Your name
First name

Last name

Date of birth (MM/DD/YYYY)

Phone

Email

Emergency contact

Health questions

Please answer every question so the salon can plan your session around your health. These questions aren't medical advice, so check with your doctor about anything you're unsure of.

Do you have a fresh cut, a new tattoo or piercing, or did you shave or wax in the last day?

☐ Yes ☐ No

Where?

Do you have epilepsy, or have bright or flashing lights ever brought on a seizure or migraine?

☐ Yes ☐ No

Do you have a heart condition or high blood pressure?

☐ Yes ☐ No

Are you pregnant, or could you be?

☐ Yes ☐ No

Have you had alcohol in the last few hours?

☐ Yes ☐ No

Do you feel unwell today, or have a fever?

☐ Yes ☐ No

Do you have a skin infection or anything contagious?

☐ Yes ☐ No

Are you uncomfortable in small, enclosed or dark spaces?

☐ Yes ☐ No

What you agree to

Salt water
I understand the water holds a lot of Epsom salt. It stings cuts and eyes, so I'll keep my hands away from my face and use the spray bottle and towel if water gets in my eyes.

Initials _____

Showering
I'll shower before my float, without conditioner or oils, and rinse off afterward.

Initials _____

You're in control
I can open the door or lid and turn on the light at any time, and leave whenever I want. I'll use the call button if I need staff.

Initials _____

Alcohol
I won't float after drinking alcohol or taking anything that makes me drowsy.

Initials _____

Getting in and out
I'll take my time getting in and out, because wet floors and the tank can be slippery.

Initials _____

No health claims
I understand the salon makes no claim that this service improves my health, and it doesn't take the place of care from my doctor.

Initials _____

Stopping
I can end my session at any time. I'll stop and tell staff right away if I feel dizzy, sick, too hot or too cold, or anything feels wrong.

Initials _____

My answers
My answers are true and complete. I'll tell the salon before a session if my health or medicines change.

Initials _____

the studio uses your health answers only to do your appointment safely and to keep the records the law requires. They are never used for marketing or sold. They are stored encrypted, and every time someone at the studio opens them it is logged.

Your signature

Date

Printed name

For staff (For the studio)

Float room or tank

Minutes